

# Retire Your Family Karma

Seminar - Saturday 25 November 2017

The Heritage Room, University College, University of Melbourne

Presented by Ashok Bedi MD

*(Psychiatrist and Jungian Analyst, USA)*

Life in the West, and increasingly in the East, is lived in the fast lane. Technology is moving forward at an exponential pace. The standard of material living is gradually rising in the industrialized and developing nations. We are exploring and exploiting the treasures of Mother Earth, sometimes enhancing but more often depleting the resources for our grandchildren and future generations. As we harvest the gifts of our civilization, it is crucial that we calculate the karmic price tag.



*Terrapin (2004) Alison Berry*

Karma is the Hindu concept of the choices we make and the consequences those choices bear. What kind of legacy are we leaving for future generations? As individuals, families, and communities, what emotional ledger sheet are we leaving for the future? Who will retire the consequences of Karma we leave behind, when we leave this life with unfinished business?

## LEARNING OBJECTIVES

1. Summarize the basics of the understanding and the assessment of your Family Karma
2. Discuss the dynamics of your relationship patterns that depict the underlying Family Karma
3. Examine the authenticity of your career choices and how your Family Karma impacts these
4. Present the Kundalini Yoga perspective on understanding your Family Karma
5. Articulate the role of Genograms on assessing and retiring your Family Karma
6. Explain the role of the family legends, rumours, fantasies, fascinations, family tragedies and roots on the workings of your Family Karma
7. Illustrate with clinical vignettes the workings of Family Karma.

*See over for information about the presenter, venue and registration.*

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# About the Presenter

## Ashok Bedi MD



**Ashok Bedi, MD** is a Jungian psychoanalyst and a board certified psychiatrist. He is a member of the Royal College of psychiatrists of Great Britain, a diplomat in Psychological Medicine at the Royal College of Physicians and Surgeons of England, and a Distinguished Life Fellow of the American Psychiatric Association. He is a Clinical Professor in Psychiatry at the Medical College of Wisconsin in Milwaukee and a training analyst at the Carl G. Jung Institute of Chicago. He is in private practice in Milwaukee and is the author of several books which may be previewed at [www.pathtoth soul.com](http://www.pathtoth soul.com). *Crossing the Healing Zone* is Dr. Bedi's fourth book, following *Awaken the Slumbering Goddess: The Latent Code of the Hindu Goddess Archetypes* (BookSurge, 2007), *Retire Your Family Karma: Decode Your Family Pattern and Find Your Soul Path* (Nicolas-Hays, Inc., 2003), and *Path to the Soul* (Samuel Weiser, Inc., 2000). Dr Bedi is the liaison for the International Association for Analytical Psychology for developing Jungian training programs in India. He travels annually to India to teach, train and consult with the Jungian Developing groups at several centers in India including Ahmedabad and Mumbai. He leads the annual 'A Jungian Encounter with the Soul of India' study group to India under the auspices of the New York Jung Foundation.

## Will this seminar suit me?

- If you've achieved a degree of proficiency or success in your work but now feel 'stuck' in some way
- If you're curious about how the deeper roots of your calling may be linked to your early life experiences, or family, ancestral, or cultural trauma
- If you'd like to deepen your understanding of archetypes and learn how they activate complexes then this course and seminar has been designed for you.

The level at which our courses are taught is designed for adults with a tertiary education (in any discipline).

### SEMINAR REGISTRATION INCLUDES:

- Morning tea, lunch and afternoon tea.
- A list of recommended readings.

### DATE, TIME & VENUE:

- 25 November 2017, 9am - 5pm
- 40 College Crescent, Parkville, VIC 3052

You may book for the seminar only, but this seminar is also included as part of the 5 week intensive online course **Complexes as Pathways to Vocation** (online and in Melbourne)

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Partial scholarships may be available for applicants in need.

**The 5 WEEK COURSE is also available FACE-TO-FACE in MELBOURNE – 8 people only – see website.**



**For full details and to register, visit [lifearistry.com.au](http://lifearistry.com.au)**

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