

The Feminine Face of Power: *Becoming Transformational Elders*

A workshop presented by Dr Cynthia King (USA)

26 October 2017, 6:00 pm – 9:00 pm, The Augustine Centre, Hawthorn, VIC



Family Tree (2001) by Alison Berry (detail)

Many people born and raised in so-called 'Western' or Eurocentric societies have experienced being men/male and women/female as living within discrete gender boxes, which determine access to opportunities, choices, and the power to have a measure of control over our own (and perhaps others') lives. These separate boxes often result in disconnects within ourselves and between each other.

In this evening workshop, we will examine how 'masculine' and 'feminine' characteristics are assigned to people, ideas, organizations, and even the natural world. As we recognize the blends of masculine and feminine characteristics that we all have, we see how they are woven into our psyches, our experiences, and our approaches to self-identity, relationships, work interactions, and into all stages of our lives. Therefore, **this workshop is appropriate for both men and women, and for people of all ages.**

We also tend to have stereotypes about having and expressing power; that it means having influence and control. Alternative actions/systems of power incorporate partnerships and authentic collaboration. Adopting different manifestations of power has the potential to break open our perceived gender limitations, redefine our relationships, and transform our world.

The concept of what it means to be an 'elder' will be examined, along with the archetypes that are currently active in our lives, and how they might be affecting our life transitions. Participants will have the opportunity for self-reflection and identification of *practical approaches* to reframing our approaches to gender, to power, and to developing an understanding of what it means to grow into being an 'elder'.

We will incorporate wisdom stories, myths, and archetypal images from a variety of cultural traditions as we seek to rebalance the 'masculine', 'feminine', and power aspects of ourselves.

What will that rebalancing mean and require from each of us? How can we make changes in our interactions at home, at work, and in the world that affect desired outcomes? What are our unique gifts, waiting to be discovered as we explore being balanced and whole participants in our communities?



JOIN US FOR A JOURNEY OF DISCOVERY! (see over for details)

Your Workshop Leader



Dr Cynthia King holds an MA degree in Intercultural Communication and a Doctorate in Mythology and Depth Psychology, with an emphasis on organizational applications. She has over 30 years' experience as a communication and organizational development consultant, university professor, facilitator, speaker, and trainer. She is the founder and principal of Communication Catalysts, an organizational consulting firm, and a founding partner in The Wisdom Way, through which she offers women's retreats and guides ceremonies.

Cynthia has consulted with a wide variety of government agencies, small family and large multinational corporations, non-profit / social profit organizations, educational institutions, and community groups on a range of key organizational topics. Her focus on transformational leadership developed during her service as a Peace Corps Volunteer in Honduras, Central America. She is a certified mediator who is experienced in community and organisational conflict transformation. Cynthia has taught at organisations including California State University, Pacifica Graduate Institute, California, and Schumacher College in southern England. She is the

author of *Creating Partnerships: Unleashing Collaborative Power in the Workplace* (2005) and its training companion *Creating Partnerships: A Field Guide for Collaboration* (2010). Cynthia has been a keynote speaker at a range of national and international conferences. Her research interests focus primarily on organisational mythology, communication strategies for peacemaking, and the interplay between masculine and feminine archetypes as we navigate life transitions.

"Our world is crying out for wise women elders who can help to midwife a transformation of consciousness. Cynthia King is one of them." ~ Suzanne Cremen

Will this workshop suit me?

This workshop is appropriate for both **men and women**, and for people of **all ages**. It is particularly suitable for all those who are concerned about the state of our world and have a **calling to leadership** in some capacity. The level at which our courses are taught is designed for adults with a tertiary education (in any discipline).

WORKSHOP REGISTRATION INCLUDES:

- Refreshments on arrival
- Handouts, materials and recommended readings

DATE, TIME & VENUE:

- Thursday 26 October 2017, 6pm - 9pm (registration from 5.45pm)
- 2 Minona Street, Hawthorn, VIC 3122

WORKSHOP FEE only \$95; concession and current Jung Society members \$80.

**For full details and to register
visit lifeartistry.com.au**

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